



# My Health eVet Quick Guide

## VA Progress Notes



**VA Progress Notes** are part of a patient's permanent medical record. They describe events during a patient's care. They can be written during a patient's clinic visit or during a hospital stay. Physicians, nurses, consultants, and therapists record their progress notes in the patient's medical record.

**VA Progress Notes** may or may not contain the following information:

- Patients health condition
- Care delivered to the patient
- Medical facts, clinical findings, opinions and treatment plans
- Progress or lack of progress made by the patient
- Clinical events related to the diagnosis and treatment of the patient
- Patient's past health condition compared to their current health status

To access **VA Progress Notes** you must:

- Be a Veteran enrolled at a VA health care facility
- Be registered as a **VA Patient** in My Health eVet
- Have a My Health eVet [Premium\\*](#) account

*\*To get a My Health eVet [Premium\\*](#) Account, you will need to go through authentication. This is a process where VA verifies a Veterans' identity. It is done before allowing access to the Veteran's VA health record.*

If you have questions, you can use **Secure Messaging** to send a message to your VA health care team. Use it to ask about test results or ways you may be able to improve your health. In addition, you can use it to set up a VA appointment or address other non-emergent issues.

Use **VA Blue Button** to share your **VA Progress Notes** with your caregivers, non-VA health care providers and others you trust. This may help them better understand your health concerns.

**VA Blue Button** offers you the ability to view parts of your VA health record.

Use the **VA Blue Button** to view, print or download your **VA Progress Notes**.

- Log into your My Health eVet account
- Select **Download My Data**
- Select **Continue**

You can now select the **Types of Information**

- Choose **Select one or more types of information**
- Select **VA Progress Notes**
- Select **Submit**

You can now select to **Download** or **View/Print** your information.

Visit the **VA Progress Notes [Frequently Asked Questions](#)**. This site has questions and answers that may help you understand more about the feature.